

OUTDOOR BOX REINDEER FOOD

Outdoor activities are at the heart of Scouting.

This activity is for Beavers but any section or leaders could take part too !



Beaver Reindeer Food

What you need:

You can create your own mix from any or all of these ingredients:

- Wild Bird Seed (Sunflower Hearts, Peanuts etc.) – this is what makes reindeer fly.
- Rolled Oats
- Dried Fruit (but if you have a dog don't use raisins or sultanas or currants as these are not good for dogs)
- Grated Cheese
- A Little Chilli Powder – this makes Rudolph's nose glow and keeps the squirrels away too.

How to make it:

It's simple – mix it all together then sprinkle on your lawn or leave in a shallow bowl near your back door just before you go to bed.

Why it is important to do it:

On Christmas Eve night, as Father Christmas is rushing from house to house to deliver presents to all the good girls and boys, his reindeer helpers often need a quick snack to keep them going on their busiest night of the year.

What's great is you don't need to go and buy them special food (often the food you can buy in the shops is full of glitter, which is very bad for flying reindeer and other garden wildlife) - chances are you have just what they love in your store cupboards anyway!

Greater things for the Great Outdoors:

Think about making some little bags of Reindeer Food and give to some friends as a gift so that they can feed the reindeer too.

You could make little cards to go with your gifts.

Might be best not to use cheese in the gifts only in ones you make for your own garden...



Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when using scissors.

Store all sharp objects securely, out of the reach of young people.

Gardening and Nature: Wash your hands after the activity has finished and wear gloves if needed.

