

# CRAFT BOX

## MIX IT UP - BUM SANDWICHES

This activity is for Cubs  
but any section or leaders  
could take part too !

### Cub Mix It Up Challenge

#### What you need:

- 2 Slices of Bread (thick slice)
- Cling Film
- 2 tbsp Olive Oil
- 1 hand full of Grated Cheese
- 1 Thinly Sliced Tomato (optional)
- 1 tbsp Grated Parmesan Cheese (optional)
- ½ hand full of Lettuce (optional)
- Fresh Basil (optional)
- Butter Knife



#### How to make it:

Lunchtime has never been so much fun !

1. Lay out the bread and pour 1 tablespoon of olive oil over each slice of bread, spreading it to the edges.
2. Layer the other ingredients onto one of the slices of bread and add the second slice of bread making a sandwich.
3. Press firmly together and wrap in five layers of cling film.
4. Now – Sit on it for at least 10 mins to “cook” it.
5. Unwrap and ENJOY !

#### Get more Crafty:

What other combination of Bum Sandwich could be made?

- Do other ingredients take longer to “cook” ?

#### Safety Notes:

**Scissors / Sharp Objects:** Supervise young people appropriately when they’re using scissors. Store all sharp objects securely, out of the reach of young people.

**Food / Allergies:** Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

