

CRAFT BOX

MIX IT UP - GLITTER BOTTLES

This activity is for Beavers but any section or leaders could take part too !

Beaver Mix It Up Challenge

What you need:

- Water Bottle (clear plastic)
 - Water
 - Food Colouring
 - Glitter
 - Clear Glue (not PVA)
- NB: You can use Glitter Glue



How to make it:

Glitter bottles are known for having a relaxing effect and are also known as “calm Jars” when made in a jar instead of a bottle.

1. Remove the label from the bottle and any sticky residue too.
2. Fill the water bottle between a half and three quarters with water (the less water used the more glue needed and the slower the glitter will move).
3. Add a few drops of food colouring and mix until the water has turned the colour that you like.
4. Fill the rest of the bottle with clear glue (glitter glue can be used if preferred).
5. Add the glitter - use a lot of glitter for the best effect.

Get more Crafty:

To take the Glitter Bottle or Calming Jar to the next level, why not add other things to the mix:

- Mini Pom Poms
- Table Confetti

Or any other tiny items that you can think of – see how wacky you can make your Glitter Bottle or Calming Jar.

Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when they're using scissors. Store all sharp objects securely, out of the reach of young people.

Glue and Solvents: Supervise young people appropriately when they're using glue and solvent products. Make sure there's plenty of ventilation. Be aware of any medical conditions which could be affected by glue or solvent use and make adjustments as needed.

Rubbish and Recycling: All items should be clean and suitable for this activity.

