# WORLD BOX - 2015 - JAPAN

## Theme - A Spirit of Unity

## **Activity - Origami Paper Folding**

#### What you need

- Sheets of paper (at least 15cm square)
- Access to the Internet

#### Join in the Jamboree

1. Click on the links to watch step-by-step videos and have a go at some Origami paper folding.

Here are links to different Origami things to make:

Easy: Fortune Teller Medium: Crane (pictured) Hard: Hopping frog



Watch the whole video before you try yourself and then replay, pausing the film after every step as you fold your own paper.

### Reflection:

People in Japan have been doing origami for many hundreds of years.

It's a traditional pastime that is said to relieve stress, though it can be difficult to master the complex designs!

#### **Safety Notes:**

**Online Access**: Supervise young people when they're online and give them advice about staying safe.

